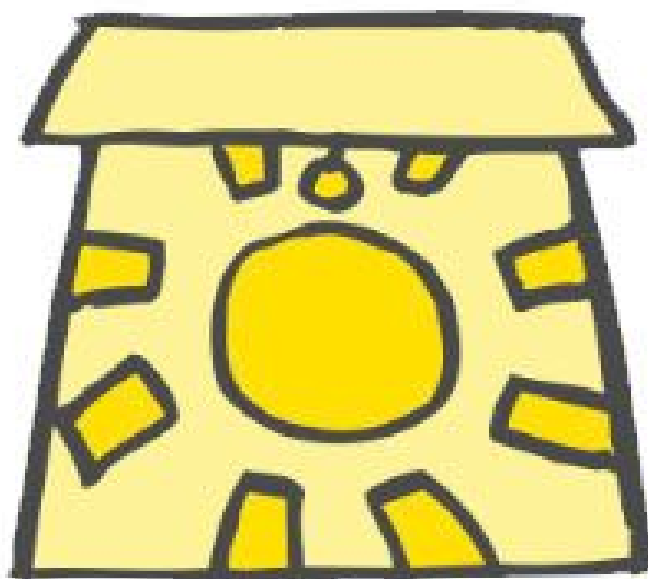


THE HANDIEST HANDBOOK OF EVERYTHING
2019/2020



Project Sunshine

TEXAS A&M
UNIVERSITY

TABLE OF CONTENTS

2	What is Project Sunshine?
3	Contact Information
4	Positions
6	Stay Connected
7	Point Requirements
8	Protocols

WHAT IS A PROJECT SUNSHINE?



Project Sunshine at Texas A&M is a proud chapter of the non-denominational, non-profit, multinational organization, [Project Sunshine](#). Founded in 1999, our chapter focuses on providing free programs for children in the Bryan/ College Station area with disabilities, chronic illnesses, or special needs and their siblings. Not only do we embody the mission of Project Sunshine on a national level through our **Hospital Outreach Program**, but we go deeper in getting directly involved with families in the community through **Family Programs**, **Challenger Sports**, our **Buddy Program**, and **monthly events** [[CLICK HERE](#) for more information]. We believe forming lasting relationships with our buddies and their families is key, not only in their own growth, but in ours as well. It is our dedication to our buddies that has led to our incredible member growth throughout the years...making us the **LARGEST** collegiate chapter of Project Sunshine. WHOOP!

OFFICER CONTACT INFORMATION

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PROGRAMS

[CLICK HERE](#) to view the List available on our website

EVENTS

Coordinators: *Taylor King and Adam Holtz*

- Our event coordinators put on several events for our buddies to take part in throughout the year. Each event will typically have a theme and have many different activities ranging from crafts, sensory activities to large motor skills. Our coordinators work very hard to plan an away event for our buddies each semester. In the past, we have visited places such as Blessington Farms, the Perot Museum, and Morgan's Wonderland. Due to the support of our community, each of these events are free of cost to our buddies.

BUDDY PROGRAM

Coordinator: *Kara Hellweg*

- The buddy program is a one of a kind opportunity which allows our collegiate members to go above and beyond in truly investing their time into forming a personalized connection with our buddies. We strive to bring community and consistency into the lives of the children we serve and enhance their experience within every program.

CHALLENGER SPORTS

Coordinator: *Mason Mikkelsen*

- Challenger Sports offers soccer in the fall and Challenger basketball in the spring, giving all children the opportunity to be active in a casual, judgement free environment that promotes fun and exercise. Each child is paired one-on-one with our volunteers and have the freedom to choose individual activities or participate in the sport as a team. Thanks to the partnership between Project Sunshine A&M and College Station Parks and Rec, all sporting activities are free of charge to every family!

PARENT SUPPORT

Coordinators: *Kaitlyn Calvin and Callie Williams*

- Friday Fun Night (FFN)
 - Parents Night Out! One Friday a month members volunteers to provide child care while parents can go out to dinner, run errands, etc. We typically have themes for each FFN, so kids can dress up if they so choose to. During the 3 hours, kids can play in the gym, complete crafts, play board games, and often make up their own games with their buddies.

- Purposeful Life
 - The focus is to equip parents of children with disabilities with the knowledge they need in order to help the whole family lead a more purposeful life. It is a conglomerate of many different associations that work directly with this community. Project Sunshine is involved by providing free childcare for families attending to ensure that parents are able ability to focus completely on the class.
- Parenting on the Spectrum
 - This is a monthly parent support meeting that allows parents to build a network and interact with others who understand the unique challenges and triumphs of having a child with a disability. For the duration of the meeting, Project Sunshine volunteers provide free childcare so parents can have quality time to interact with each other.

STAY CONNECTED

CALENDARS:

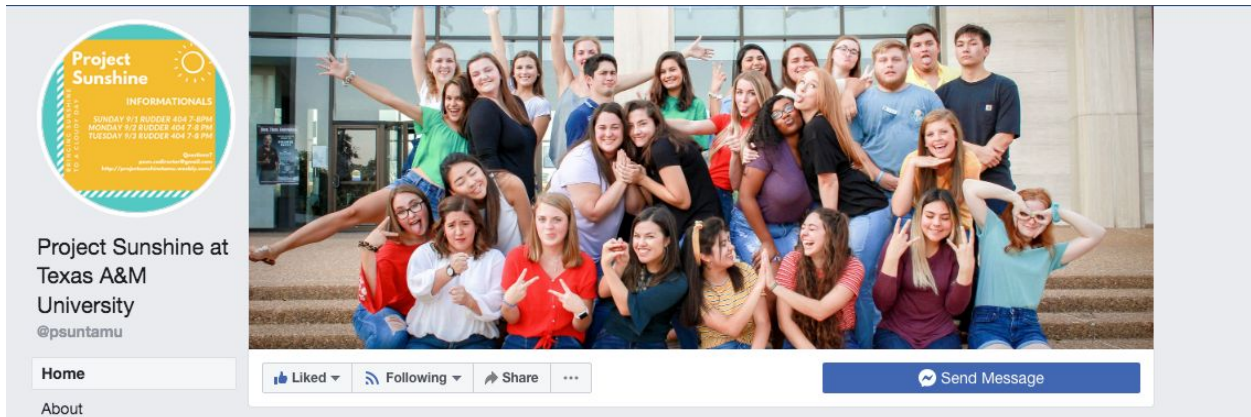


Scan this QR code or [CLICK HERE](#) to subscribe to the official Project Sunshine **Google calendar** for Texas A&M that has all the updated meeting times, events, outreach programs, fundraisers and more!



Scan this QR code to view all events, programs, meetings and more on our **website's official calendar**. Or click here for the direct web-address www.projectsunshinetamu.weebly

FACEBOOK @PSUNTAMU



INSTAGRAM PSUNTAMU



POINT REQUIREMENTS PER SEMESTER

- 4 SOCIAL POINTS (OUT OF 40+)
- 2 FUNDRAISING (OUT OF 5+)
- 4 EVENTS (OUT OF 8)
- 5 MEETINGS (OUT OF 6)
- 4 COMMUNITY OUTREACH (OUT OF 25+)

*Project Sunshine at Texas A&M holds our members to a high standard because their attendance directly affects our ability to keep minors safe and run programs that many families rely on; however, we also understand that our members are students above all else. So, we strongly encourage open communication between members and huddle leaders on any difficulties meeting points because adjustments can be made accordingly.

THE PLAN, STAN

What to do in a Medical Emergency

Minor Medical Emergency:

You might encounter minor injuries that are not life threatening, but still need treatment.

Some of these may include:

- Minor cuts, scrapes or injuries from minor falls
- Sprains
- Stomach ache
- Sore throat
- Asthma attack
- Anxiety attack
- High fever or flu symptoms
- Swallowing foreign objects

If a buddy or fellow member has experienced any of these, call the risk manager or directors.

They will apply necessary first aid and the directors will call the parents of the buddy to inform them of the situation.

Major Medical Emergency:

Stay calm and get help!

Call the directors or risk manager to inform them of the situation [having these numbers already saved in your phone is a smart precaution].

Do not move someone who has had a serious head, neck or back injury. Only if they are in danger of further injury, then carefully move him or her to a safe place. While someone applies first aid, call 911. Directors will contact the parents and all other necessary personnel.

Call 911 for these medical emergencies:

- Severe allergic reaction (Anaphylaxis)
 - Trouble breathing
 - Hives or flushed skin
 - dizziness/fainting
- Deep wounds or uncontrollable bleeding
- Choking or difficulty breathing
- Severe back or neck injuries
- Broken bones
- Severe head injury
- Unconsciousness
- Seizure
- Serious burns
- Heart attack

In the case of a seizure, protect the child from injury by removing any harmful objects, cushioning their head, and laying them on their side. Direct other children and members away

from the situation. Do not put anything in the child's mouth or try to restrict their movements. Try to time the seizure. Call 911 if it is the child's first seizure, or if the seizure lasts longer than 5 minutes.

Always read your buddy's name tag when you are first paired. Check for any allergies that your buddy might have and feel free to talk to the parents and ask them any questions. During the event, if you notice that your buddy is experiencing some of the following symptoms, they might be having an allergic reaction.

- Swelling of the face, mouth, tongue, or airway
- Skin rashes, itching, or hives
- Trouble breathing or wheezing
- Dizziness or fainting
- Nausea and vomiting

Immediately inform your directors or risk manager if your buddy is experiencing these symptoms.

In the case of a severe head injury, only move the child if their current location places them in immediate danger. Keep the child calm and call the directors or risk manager. Directors will contact parents and all other necessary personnel. Watch for loss of consciousness or seizure.

Project Sunshine at Texas A&M Missing Participant Protocol

Things we can do before a child goes missing:

- a. Frequently count the number of children to make sure that no one is missing.
- b. Reinforce the idea that members and buddies may not leave the area without speaking with the directors or risk manager.
- c. Reinforce to the organization that members and buddies should tell the directors or risk manager if they notice that somebody is not present.
- d. Adhere to the policy that no child may leave the area alone.
- e. Directors and risk manager should not become so involved in the activity so that they may track the members and buddies.
- f. Do not allow children to idle for long periods. Idle children look for something else to do and may wander off.
- g. Pair each child (buddy) with a minimum of one college member at all times.

If a child goes missing, the following steps must be followed:

- a. Remain calm to avoid frightening other members and buddies.
- b. Call the directors or risk manager and inform them of the situation.
- c. Directors and risk manager: Stop the activities and ask the members and buddies the last time they saw the missing child and if they know where he or she went. If no one knows, pull all people together and do one supervised activity. Never leave the group alone.
- d. Have designated people along with the directors and risk manager start to search. Make sure to notify the host facility of the missing child. Follow their protocol along with ours to ensure the safety of the child. Provide everyone with the name, basic characteristics

(hair color, age, size, weight), any description you may have that would help people search (such as apparel), and the last time anyone saw the child.

- e. If the group is indoors, search all halls, restrooms, and other activity areas. Call the child's name as you search.
- f. If the child is not found in the building or the group is outdoors, sweep the perimeter of the building.
- g. If the child is found, please let all parties who are searching know so the search can be stopped.
- h. If the child is not found within a reasonable amount of time, please notify the police and the parents.